

**3.10 Boots and Bandages**

Only bandages of a design which complies with the requirements of the Stewards and the DVRWBP may be used in races and in training.

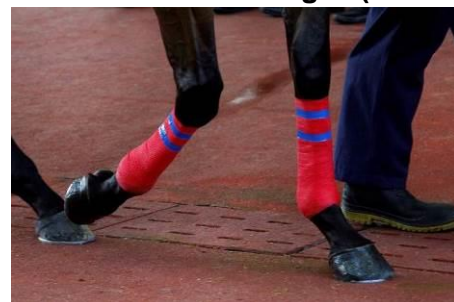
Trainers must ensure that bandages fitted to horse’s legs are securely fastened for both training and racing. In addition to electrical tape which is often secured on top of a bandage, trainers are required to stitch the end of the bandage with a thread of contrasting colour. Wet weather conditions may increase the risk of bandages becoming loose and accordingly special care must be taken. Certain types of self-adhesive bandages may be exempted from the requirement to be stitched provided that electrical tape is used. Cotton wool or cotton wool-like material must not be used on any horse either in training or races, whether underneath a bandage or otherwise.

- Standard bandages – Must be stitched the full length of the bandage on the outside of the leg in contrasting thread.
- Self-adhesive bandages (e.g. Coflex, Vetrap) – Must either be stitched or have electrical tape applied at least two times around the circumference of the bandage.
- Adhesive bandages (e.g. Elastoplast) – Must be stitched with contrasting thread.

**Self-adhesive Bandages (hind legs)**



**Self-adhesive Bandages (front legs)**



**Protective Boots**

Shin, tendon, bumper, scalping, brushing and hock boots are approved to be worn during training only. All protective boots must be of a design approved by the Stewards and the DVRWBP. They must be of good quality, light and secured by buckles. Velcro boots may also be used provided they are fastened by electrical tape. Boots are not to be secured by any other interlocking materials, press-studs, or by other means. Protective boots may be worn over the top of self-adhesive or adhesive bandages.

