

HUMAN EQUIPMENT

4.1 Helmet

Every rider or jockey when mounted on a horse on any racecourse for the purpose of riding in a race or during training shall wear a correctly fitted helmet which complies with one of the following safety standards:-

EN 1384: 2012 or EN 1384: 2017 or EN 1384: 2023

AS/NZS 3838 2006

PAS 015: 2011

ASTM F116 3-04a (2011) or ASTM F1163-13 or ASTM F1163-15

UTAC/CRITT 04/2015

VG1 01.040 2014-12

SNELL E2001 or SNELL E2016



In order for a helmet to be approved for use, it will be necessary for a manufacturer's label to be attached to the helmet stating that it complies with any of the safety standards listed above.

All helmets must be clearly marked with a date of manufacture.

Any helmet which does not comply with the aforementioned approved safety standards or does not carry a manufacturer's label may not be permitted to be used and may be confiscated by the Stipendiary Stewards.

All helmets must be fitted with a nylon interlocking chinstrap clip attachment. The chin strap must pass under the jaw and be attached to the harness by a quick release buckle. Every rider or jockey, when mounted on a horse, shall have the chin strap of his/her helmet firmly fastened. The helmet must not have metal hooks and must not have a chin cup, cradle or draw lace.

A rider or jockey is responsible for the serviceable condition of his/her helmet. In the case of an apprentice jockey the responsibility rests with the apprentice and the trainer to whom he/she is allocated.

A helmet is not considered as serviceable if it has sustained a severe impact or when the jockey wearing it has suffered from a concussion as a result of a fall. In such circumstances the helmet must be immediately replaced.

A helmet provided to a rider by the Club shall be replaced by no later than 3 years, following the date which such rider takes possession of the helmet.