

### 4.5 Riding Boots

Every rider when riding a horse shall wear riding boots approved by the Stewards and the Club.



(Photo sourced from Goggles Search)

A trackwork riding boot requires a small heel to prevent the foot slipping through the stirrup. It should also have a smooth, firm sole with a solid shank between the heel and ball of the foot and a sturdy toe to protect the rider's foot when on the ground. The sole must be smooth or lightly textured to avoid being caught on the tread of the stirrup in the event of a rider being dislodged.

A jockey is responsible for the serviceable condition of his/her race riding boots, which shall be black in colour and shall not contain or display any advertising material.

In the event that a jockey requires to use lead in order to draw the correct weight when weighing out, such lead must be properly secured in a jockey's lead bag or saddle pouch placed in a lead bag and is not permitted to be placed in the riding boots.

Rule 89 (2) provides that "No person, without the permission of the Stewards, shall add to, remove from, or change any equipment with which the jockey has been weighed. The Stewards may require the jockey to re-weigh if any alteration is made". Every jockey must ride in the same riding boots which he/she weighed out in.