2.8 Tongue Ties

Tying down of horses' tongues in races may only be achieved by the use of a tongue tie approved by the DVRWBP. Trainers are responsible for showing the horse with the tongue tie applied to a Veterinary Officer prior to the horse leaving the parade ring.

The Stewards may permit a horse to race without a tongue tie applied if, for any reason, the tongue tie cannot be fitted to the horse. Tongue ties must be removed as soon as practicable after the race.

Tongue Ties must be a nylon-stocking/bandage, leather strap or rubber band of at least 15 mm in width. Rubber tongue clips and metal "W" clips with a strap attached to the bit may also be permitted.

All tongue ties are to be looped around the tongue and must only be secured around the lower jaw, and not attached to the bit or bridle. Tongue ties must not be tied too tightly and must be clearly visible at all times.



Commonly used tongue ties in Hong Kong

Nylon bandage

Nylon stocking

Other approved tongue ties and tongue clips





